CALM DOWN CORNER 😌

Bubbles

Squeeze Ball

Deep Breaths

Squeezes

Ask for a hug

Look at Books
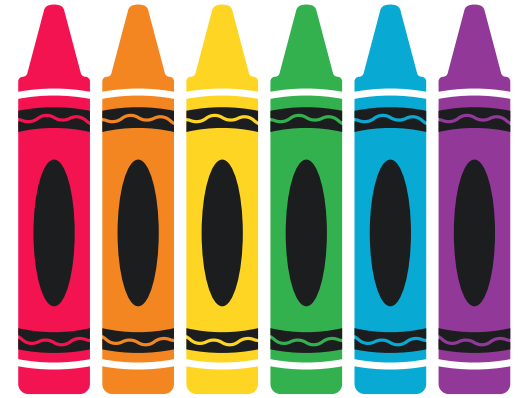
Count to 10	Play with toys	Coloring
10		
Play dough	Stomp feet	Drink / Snack